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**Global  
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## Europe – Community AED & CPR

# The European Restart a Heart day goes global

The European Restart a Heart Day was launched in 2013 and is now implemented in most European countries. Every 16th of October, national resuscitation councils across Europe hold various national events to champion the goals of Restart a Heart Day. European publics are taught about CPR and use of AED and told that “you can save a life!”

This initiative attracted support from the European Parliament and led Members of the European Parliament in June 2012 to pass a Written Declaration calling for European countries to establish a European Cardiac Arrest Awareness Week [europarl.europa.eu](http://europarl.europa.eu). The declaration emphasized the importance of equal access to CPR and encouraged member states to establish public access defibrillation programs and increase the availability of Automated External Defibrillator (AED) to European publics.

A common theme for the Restart a Heart Day has been: Kids save lives. And this has been followed by a statement on the importance of teaching children to do CPR. This statement was prepared by the ERC, the International Liaison Committee on Resuscitation and various important societies and later endorsed by the WHO.

In the UK the Restart a Heart day set an impressive new record in 2017 with training of 195,000 school children that day. The initiative has also spread to Australia, Japan and other countries.

In October 2018, the very first global edition of Restart a Heart will take place. Under the motto of All Citizens of the World Can Save A Life, ERC will join forces with ILCOR and resuscitation organisations all across the world to create awareness and teach CPR everywhere!

**Restart a Heart  
day**

**16 October 2018**



**All Citizens of the World  
can save a life!**